



Moving Over Uncharted Ground: Aging as a Spiritual Practice

March 5-12, 2017 at Saint John's On The Lake

*"The Afternoon knows what the Morning
never suspected." —Robert Frost*

Susan H. McFadden, Ph.D.

University of Wisconsin-Oshkosh

Author: Aging, Spirituality and Religion

Ashok Bedi, M.D.

Jung Institute of Chicago; Medical College of Wisconsin

Author: Path to the Soul: Awaken the Slumbering Goddess

Demetrius Williams, Th.D.

University of Wisconsin-Milwaukee

Pastor, Community Baptist Church of Greater Milwaukee

Nan Merrick Phifer

Oregon Writing Project, University of Oregon;

Graduate Theological Union

Author: Memoirs of the Soul: Writing Your Spiritual

Autobiography

Aviva Katzman

Institute for Jewish Spirituality; Temple Shalom (Chicago)

David M. Wulff, Ph.D.

Wheaton College (MA)

Author: Psychology of Religion: Classic and Contemporary;

Faith Q-Sort

Rosemary Cox

Certified Sage-ing Leader - Education Coordinator

Sage-ing International, South Bend, IN

Steve McIntosh

President, Institute for Cultural Evolution

Author: The Presence of the Infinite – The Spiritual

Experience of Beauty, Truth and Goodness

Throughout this symposium you will:

- ◆ Deepen your understanding of aging and spirituality as expressed in traditions of faith, science, art, literature and community.
- ◆ Discuss the meanings and roles of spirituality and how they change your life as you age.
- ◆ Engage in individual and collective practices that foster spiritual growth and transformation.
- ◆ Explore revelatory personal experiences and invite introspection about your life and the lives of those with whom you live and work.
- ◆ Articulate a narrative for aging and spirituality that creates a communal legacy of support.

Register Early – Seating is Limited
For the daily schedule, CEHs and the
link to register, scroll to next page.

This symposium is presented through the partnership of:



CEHs are available for some sessions. See the on-line schedule for details.

A special thanks to Nancy and Dave Maguire for their generosity in underwriting this symposium.



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Saint John's On The Lake

1840 North Prospect Avenue
Milwaukee, WI 53202

Click to Register:

<https://app.etapestry.com/onlineforms/SaintJohnsCommunities/symposiumreg.html>

Or call (414) 831-6905

Eight of the nation's most compelling thinkers interweave scientific findings with music, art and the stories of older adults to illuminate the spiritual depths of aging.

A total of 30 approved Continuing Education Hours (CEH) are being offered for social workers, therapists and marriage and family counselors.

Sunday, March 5

3:00 p.m.	Concert	Music of Regeneration and Catharsis—Bach and His Contemporaries <i>Trevor Stephenson, harpsichord; Kangwon Lee Kim, baroque violin; Anna Steinhoff, baroque cello; Chelsea Morris Shephard, soprano</i>
5:00 p.m.	Evensong	<i>Join the Saint John's community for their weekly Episcopal service of Evensong.</i>
6:30 p.m.	Welcome Reception	<i>Gather for a reception in the Saint John's Museum of Wisconsin Art Gallery as we begin our journey of learning and growth together.</i>

Monday, March 6

1:00 p.m.	Introduction to the Week's Morning Reflections and Practices	<ul style="list-style-type: none"> • Labyrinth: Walking the Sacred Path <i>Jana Troutman-Miller, Chaplain, Saint John's On The Lake</i> • Zen Sesshin <i>Reirin Gumbel, Resident Priest, Milwaukee Zen Center</i> • Faith Q-Sort: Examining Personal Perspectives on Faith and Belief <i>David Wulff, Professor of Psychology, Wheaton College, Norton, MA</i> • Weaving the Stories of Our Lives <i>SAIR Collaborative Art Experience</i>
3:00 p.m.	Keynote Address 2 CEH	<p>Learning to Live with the Losses and Blessings of Old Age: Reflections on Spirituality and the Search for Late-Life Meaning Susan H. McFadden, Ph.D.</p> <p><i>Professor Emerita, Department of Psychology, University of Wisconsin—Oshkosh, Research Consultant, Fox Valley Memory Project</i></p> <p><i>Author: Aging, Spirituality and Religion; Aging Together; New Directions in the Study of Late Life Religiousness and Spirituality; Aging and the Meaning of Time</i></p>
7:30 p.m.	Lecture 1.5 CEH	<p>The Timeless Wisdom of Aging Ashok Bedi, M.D.</p> <p><i>Jung Institute of Chicago, Medical College of Wisconsin</i></p> <p><i>Author: Path to the Soul; Awaken the Slumbering Goddess: the Latent Code of the Hindu Goddess Archetypes; and Find Your Soul Path</i></p>

Tuesday, March 7

9:00 a.m.	Morning Reflection & Practice	Zen Sesshin Labyrinth Walk Faith Q-Sort Weaving the Stories of Our Lives
10:30 a.m.	Seminar 4.5 CEH	Engaging the Wisdom of Aging Ashok Bedi, M.D.
12:00 p.m.	Lunch	<i>Please join us for lunch and table discussions about today's topic. Lunch is included in the cost of registration for non-residents.</i>
2:00 p.m.	Seminar (continues)	Engaging the Wisdom of Aging Ashok Bedi, M.D.
7:30 p.m.	Visions of Aging in Film	On Golden Pond Commentary and Discussion led by Resident Rita Rochte

Wednesday, March 8

9:00 a.m.	Morning Reflection & Practice	Zen Sesshin Labyrinth Faith Q-Sort Weaving the Stories of Our Lives
12:00 p.m.	Lunch	<i>Please join us for lunch and table discussions about today's topic. Lunch is included in the cost of registration for non-residents.</i>
1:30 p.m.	Lecture 1 CEH	Blessed Assurance: Spirituality in the African American Tradition Demetrius Williams, Th.D. <i>Associate Professor, Religious Studies, University of Wisconsin, Milwaukee, Pastor, Community Baptist Church of Greater Milwaukee</i>
3:00 p.m.	Presentation 2 CEH	Write to Make Whole: Integrative Life Review Nan Merrick Phifer <i>Resident Scholar, Oregon Writing Project, University of Oregon, Eugene, Oregon. Author: Memoirs of the Soul: Writing Your Spiritual Autobiography</i>
7:30 p.m.	Cultural Event	Stories from a Life <i>Danceworks Performance Company, Milwaukee, Wisconsin Daniel Burkholder, Assistant Professor, Dance University of Wisconsin Milwaukee, Guest choreographer</i>

Thursday, March 9

9:00 a.m.	Morning Reflection & Practice	Zen Sesshin Labyrinth Walk Faith Q-Sort Weaving the Stories of Our Lives
10:30 a.m.	Seminar 3 CEH	Write to Make Whole: Integrative Life Review Nan Merrick Phifer
12:00 p.m.	Lunch	<i>Please join us for lunch and table discussions about today's topic. Lunch is included in the cost of registration for non-residents.</i>
1:30 p.m.	Lecture 3.5 CEH	Wise Aging: Living with Joy, Resilience and Spirit Aviva Katzman <i>Institute for Jewish Spirituality, New York, New York; Cantor Emerita, Temple Shalom, Chicago, Illinois</i>
7:30 p.m.	Visions of Aging in Film	The Company of Strangers Commentary and Discussion led by Resident Rita Rochte

Friday, March 10

9:00 a.m.	Morning Reflection & Practice	Zen Sesshin Labyrinth Walk Faith Q-Sort Weaving the Stories of Our Lives
12:00 p.m.	Lunch	<i>Please join us for lunch and table discussions about today's topic. Lunch is included in the cost of registration for non-residents.</i>
1:30 p.m.	Lecture 1 CEH (+1 CEH for those who complete a FQS)	Prototypes of Faith: What Are Their Implications? David Wulff, Ph.D. Wheaton College, Norton, MA <i>Author: Psychology of Religion: Classic and Contemporary (2nd edition; Wiley, 1997). Faith Q-Sort; Contemporary Foundations for the Psychology of Religion: A Critical Reappraisal (working title).</i>
3:00 p.m.	Lecture 2 CEH	The Heart of Aging with Wisdom: An Introduction to the Legacy of Rabbi Zalman Schachter-Shalomi Rosemary Cox <i>Certified Sage-ing Leader – Education Coordinator Sage-ing International, Beech Grove, Indiana</i>

Saturday, March 11

9:30 a.m.	Seminar 7 CEH	Awakening the Sage Within Rosemary Cox
12:00 p.m.	Lunch	<i>Please join us for lunch and table discussions about today's topic. Lunch is included in the cost of registration for non-residents.</i>
12:45 p.m.	Seminar (continues)	Awakening the Sage Within Rosemary Cox
7:30 p.m.	Concert	Mile of Ledges <i>Mark Hetzler, trombone; Anthony DiSanza, drums/percussion; Vincent Fuh, piano; Ben Ferris, bass; Tom Ross, percussion; Garrett Mendelow, percussion.</i> <i>School of Music, University of Wisconsin–Madison, Madison, Wisconsin</i>

Sunday, March 12

3:30 p.m.	Closing Address 1.5 CEH	The Natural Spirituality of Goodness, Truth and Beauty—an Evolutionary Perspective Steven McIntosh <i>President, Institute for Cultural Evolution, Boulder, Colorado</i> <i>Author: The Presence of the Infinite—The Spiritual Experience of Beauty, Truth and Goodness</i>
5:00 p.m.	Evensong	<i>Join the Saint John's community for their weekly Episcopal service of Evensong.</i>
6:30 p.m.	Final Reception	<i>Gather for a reception in the Saint John's Museum of Wisconsin Art Gallery as we conclude our journey of learning and growth together.</i>

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